

LOYOLA UPDATE

April – June 2017



THE FULL SPIRITUAL EXERCISES IN DAILY LIFE: 30 WEEKS

Ignatius developed a program of prayer and reflection from his own experience of seeking God. The Full Exercises are made whilst living and working as usual. The retreatant commits to daily prayer and meets with their spiritual director once a week.

Contact Loyola CIS for information

THE FIRST SPIRITUAL EXERCISES

The First Spiritual Exercises are made in daily life over four weeks. They contain first step exercises for beginners, new visions for searchers and solid food for those desiring more in their interior life. For those wishing to have a 'taste' of this experience, this is being offered on the fourth Saturday of the month. No Cost.

Dates: 22 April, 27 May, 24 Jun. 22 July

Time: 10.00am - 11.30am.

Venue: Loyola CIS, 137 William St Norwood,

RESTING WITH GOD

At the end of a busy week, make some quiet time to be with God in prayerful reflection.

Second Saturday of the Month. No Cost.

Dates: 8 April, 13 May, 10 June, 8 July

Time: 9.30am – 11.30am

Venue: Loyola CIS, 137 William St, Norwood

SPIRITUAL DIRECTION

Individual spiritual direction enables a person to pay attention to their actual experience of a relationship with God in their life. We can provide individual spiritual direction by arrangement.

Contact Loyola CIS for information.

SEASONS OF THE SPIRIT RETREAT

This retreat offers a chance to reflect on how God works through the seasonal movements of Inner life. Just as the earth moves through seasons, so too, the individual spirit. A gently moving retreat offering ample opportunity for individual direction.

Days & Time: Thursday 27 April, 3.00pm –
Sunday 30 April, 3.30pm

Venue & Cost: Sevenhill CIS, \$395, Live-in
Enquiries & Bookings: Loyola CIS

MEETING JESUS AT THE WELL

This story of a life-changing encounter with Jesus will be our focus for a day of prayer and reflection. In this encounter not only is the woman changed, but so is Jesus. Through the practice of Lectio Divina, imaginative meditation, poetry writing, journal writing, story-telling and the visual arts, we will reflect upon our own relationship with Jesus and the call to discipleship this entails.

Date & Time: Saturday 6 May, 9.30am – 3.00pm

Venue & Cost: Loyola CIS, \$40, BYO Lunch
Enquiries & Bookings: Loyola CIS

INDIVIDUAL SILENT DIRECTED RETREATS

Deepen your relationship with God in silence, with guidance from a spiritual director and time for prayer and reflection.

In a quiet place and in gentle conversation, your director will discern how God is at work in your prayer.

SINGLE DAYS AT LOYOLA CIS

Days and Time: Days to suit your needs,
9.00am – 4.30pm

Cost: \$80 per day, BYO Lunch

2 – 8 DAYS AT SEVENHILL CIS, SEVENHILL

Days: Between 25 June and 4 July to suit you, Live-in

Cost: On application

Enquiries & Bookings: Loyola CIS

'SEE, I HAVE CARVED YOU

IN THE PALM OF MY HANDS' Retreat

How well do you know your story? Story is what forms our identity and it can help us find a deeper relationship with God. Becoming more aware of our story allows us to grow in our inner freedom and to live towards our full potential. Make time during the retreat to discover God's presence in your sacred story. During the retreat there will be some input with space for prayer and reflection. Spiritual Direction will be available if desired.

Days & Time: Thursday 18 May, 7.30pm –
Sunday 21 May, 3.00pm

Venue & Cost: St Joseph's Centre, Everard St, Largs Bay,
\$395, Live-in

Enquiries & Bookings: Loyola CIS

PARISH RETREATS, INDIVIDUALLY DIRECTED RETREATS, EDUCATION STAFF RETREATS AND RETREATS DESIGNED TO MEET YOUR SPECIFIC REQUIREMENTS ARE OFFERED ON REQUEST. PLEASE CONTACT WAYNE BRABIN, 0411 269 630

Loyola Centre of Ignatian Spirituality

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