

# LOYOLA UPDATE

January - March 2018

*"The Loyola CIS team wish you all a very Happy New Year  
with many Blessings, Joy and Happiness"*

## SEEDS OF HOPE IN TROUBLED TIMES

### ***Retreats and Open Conversations with Margaret Silf.***

Margaret's visit to Adelaide is being supported by Loyola CIS and Stillpoint Spirituality Centre. Details are currently being finalised and will include:

- A Retreat at Nunyara 27-29 April
- Open Conversations at Nunyara 28 & 29 April
- A Retreat at Sevenhill 30 April - 2 May

Registration details will be made available during early February.

## SEASONS OF THE SPIRIT RETREAT

This retreat offers a chance to reflect on how God works through the seasonal movements of Inner life. Just as the earth moves through seasons, so too, the individual spirit. A gently moving retreat offering ample opportunity for individual direction.

Date & Time: Thursday 5 April, 3.00pm - Sunday 8 April, 3.30pm

Venue & Cost: Sevenhill CIS, \$395, Live-in.

## THE FULL SPIRITUAL EXERCISES IN DAILY LIFE: 30 WEEKS

Ignatius developed a program of prayer and reflection from his own experience of seeking God. The Full Exercises are made whilst living and working as usual. The retreatant commits to daily prayer and meets with their spiritual director once a week.

## INDIVIDUAL SILENT DIRECTED RETREATS

This is an opportunity to spend 1 or 2 days at Loyola CIS on any days of the week to suit your needs. In a quiet place and in gentle conversation, your director will discern with you how God is at work in your prayer.

Days & Time: Days to suit your needs, 9.00am - 4.30pm

Venue & Cost: Loyola CIS, \$80 per day, BYO Lunch.

## SPIRITUAL DIRECTION

Individual spiritual direction is a foundational ministry of Ignatian spirituality. We can provide individual spiritual direction by arrangement.

**FOR ALL ENQUIRIES AND BOOKINGS PLEASE CONTACT LOYOLA CIS**

**PH: 8364 3834 OR EMAIL: [loyola@cis.jesuit.org.au](mailto:loyola@cis.jesuit.org.au)**

## THE FIRST SPIRITUAL EXERCISES

The First Spiritual Exercises are made in daily life over four weeks. They contain first step exercises for beginners, new visions for searchers and solid food for those desiring more in their interior life. For those wishing to have a 'taste' of this experience, this is being offered on the fourth Saturday of the month.

### Dates & Time

24 February, 24 March & 22 April

10.00am - 11.30am.

Venue: Loyola CIS

137 William St., Norwood.

No Cost.

## PRAYING WITH THE LABYRINTH

When we long for refreshing ways to pray, the labyrinth offers us a pathway to step onto, and allows us to be led into rich encounters with our God. Take this opportunity to walk the Labyrinth with an open heart and mine to embrace God.

Date: Saturday, 17 March, 9.30am - 4.00pm

Venue: Waite Arboretum,  
30 Claremont Ave, Netherby.

Cost: \$40 BYO Lunch.

## RESTING WITH GOD

A quiet time to be with God  
in prayerful reflection.

Second Saturday of the Month

Dates: 10 February,

10 March, 14 April

Time: 9.30am - 11.30am

Venue: Loyola CIS,

137 William St,

Norwood.

No Cost.

